

WEEKLY ACTIVITIES

OPPORTUNITIES FOR THE WEEK

Sunday, July 1

- 8:15 A.M. First Worship
- 9:30 A.M. Sunday School
Hispanic Worship-Chapel
- 10:45 A.M. Second Worship
- 4:30 P.M. Yth. Leaders Meeting
- 6:00 P.M. Evening Worship

Monday, July 2

- 7:00 P.M. NO Deacon's Mtg.
- 1:00 P.M. FLC Open

Tuesday, July 3

- 8:45 A.M. MDO
- 9:30 A.M. WOM Day Group
- 1:00 P.M. FLC Open

Wednesday, July 4

OFFICE & FLC Closed

Thursday, July 5

- 1:00 P.M. FLC Open

Friday, July 6

- 8:45 A.M. MDO
- 9:30 A.M. Fun Friday
- 1:00 P.M. FLC Open

Saturday, July 7

Sunday, July 8

- 8:15 A.M. First Worship
- 9:30 A.M. Sunday School
Hispanic Worship-Chapel
- 10:45 A.M. Second Worship
- 12:00 P.M. Senior Adult Luncheon
- 6:00 P.M. Evening Worship

To add prayer requests please call the church or visit our web page at www.fbccookeville.org.

Scripture Memory

Trust in the Lord with all your heart, and lean not on your own understanding, in all your ways acknowledge Him, and He will direct your paths. Proverbs 3:5-6

VBS pictures (Continued from Page 1)



NEWS HIGHLIGHTS

DEACONS OF THE WEEK

Bronn Rayne - Chief Deacon
David Overstreet
Larry Taylor
Doug Winford
7 p.m. Phone Duty: Van Sliger

WEDNESDAY DINNER - 07/04

NO MEAL

EXTENDED SESSION - 07/01

Bed Babies - Fran Hutchinson, Carol Joyner, Mary Ruth Winford

Creepers - Brandon & Lisa Reeves

Toddlers - Richard & Cassandra Newman

2's - Faye McCaleb, Sue Boyd

3's - Mike & Tiffany Gentry

ATTENDANCE REPORTS

Sunday School Attendance

Attendance Reports (06/24/07)

General Officers	5
Preschool	67
Children	48
Youth	38
Adults	354
Total	512

We should give as God has prospered us.

"On the first day of every week let each one of you put aside and save, as he may prosper . . ."

(1 Cor. 16:2)

First Chronicles

Chronicling the life of the First Baptist Family

Vacation Bible School

Pictures by Jacob Ramsaur



See Page 4 for more Vacation Bible School pictures

Pastor's Heart

It is obviously the middle of summer. The days are hot and long. The vacation cycles are in full swing. And missions is a huge focus of the First Baptist family.

In the next several weeks we will have youth participating in Centrifuge/M-Fuge at Greenville College in South Carolina. We have a group of men participating in Appalachian Outreach in Jefferson City, Tennessee. We have the Senior Adult Mission Trip to Townsend. And it looks like we will be participating in a Habitat project here in Cookeville.

Over the last several weeks we have had folks doing missions in the Caribbean, Brazil, and New Orleans.

I know this; First Baptist is involved in missions through giving and going with more people participating from our congregation than ever before. This year we have sent people around the globe and seen hundreds of people saved as a direct result of our personal volunteer missions. There is an excitement in the hearts of those who are going and a thrill in voice of those who have returned.

Missions involvement is bleeding over into our lifestyle as people are involving themselves in local ministries, with new Sunday School classes started and a record number of children indicating decisions for Jesus in VBS.

It is great to give our money to mission causes, but God did not call us merely to send others to do missions. As your Pastor, I commend you and appreciate your efforts as we begin to fulfill the "go ye" of the great commission in the First Baptist family.

Each of our staff members are personally participating in volunteer missions, and I appreciate them all for their leadership. A particular word of appreciation though is directed toward Steve as he spurs us all on to greater missions involvement.

See you in worship.

In His Love,

Pastor Randy

No Wednesday night activities



There will be no Wednesday night activities or supper on July 4. The church office and FLC will be closed that day in honor of Independence Day.

Youth Day Trip to Splash Country



July 17

8:00 a.m.-9:00 p.m.

Cost: \$30 plus money for lunch and supper
Sign up by July 8



Receive a **FREE** picture of your unborn baby!

WANTED

Pregnant Ladies for Free Ultrasounds

The Crisis Pregnancy Center of Cookeville is looking for pregnant women to volunteer for free ultrasounds so that our center can continue training our nursing staff. The ultrasounds will be performed under the supervision of a registered ultrasonographer and medical professional.

- ♥ July 2
- ♥ Morning and Afternoon Appointments
- ♥ Women 7-14 weeks pregnant at the time of your appointment
- ♥ Call 526-5525 for information

The Crisis Pregnancy Center is located in the Family Dentistry Building next door to the Big Pink Elephant, 694 South Willow Suite 3 in Cookeville.



Missing pagers

Several pagers are missing from the nursery. Please check your bags to see if you have any of the missing pagers (11, 35, 50, 55) and return them to the nursery as soon as possible.

VBS pictures

If you would like copies of the pictures taken during Vacation Bible School, bring a CD to the church office and we will burn them to the CD for you.

Highland 50+ Dinner Club

July 13

6:00 p.m.

Gourmet Café & Bake House

(formerly Bagels & More; 1555 Interstate Dr.)
Call Bobby Moser at 432-0455 for reservations by noon July 13.

CPC Golf Tournament

August 11

Southern Hills

9 a.m. tee time

Cost: \$80 for

two person team

Space is limited. Contact Dan Blakley for an entry form. Signup by Aug. 4.



Top 10 Discipline Tips for Parents of Teenagers

Written by Dr. Tan Flippin

Discipline isn't a pleasant experience, especially for teens who feel grown up, independent, and exempt from correction. However, when your children hit the teen years, discipline is more important than ever. With that in mind, here are our top 10 discipline tips:

Discipline Tips for Parents

1. Communicate rules and expectations beforehand.
2. Only punish for willful disobedience.
3. Be consistent with your discipline.
4. Communicate after discipline.
5. Don't feel guilty about discipline.

1. Communicate rules and expectations beforehand. If your teens know what's expected of them up front, many problems can be avoided.

2. Remember that discipline should be redemptive. Punishment isn't for the purpose of hurting your teens because they hurt you or broke the rules. Its purpose is to help them grow to become godly adults. Don't forget that fact.

3. Present a united front. Disagreements between parents about rules and discipline issues communicate weakness. Teamwork that leads to a consensus between spouses is always the ideal.

4. Never discipline for mistakes; only punish for willful disobedience. This is hard to do when you're frustrated with a teenager for making a mistake, but hold yourself to the high standard of only punishing disobedience. Give counsel following mistakes, but save the discipline for the big stuff.

5. Be consistent with your discipline. If your teenager disobeys and gets off without any consequences, but you nail him the next time for the same thing, it will create

confusion. Also make sure the punishment fits the crime. More serious offenses should incur a more severe punishment than lesser ones. Be judicious and creative when choosing a discipline.

6. Communicate with your teens after discipline. Talking or hugging afterward communicates to your teens that you love them. It also helps them realize that, ultimately, you're both on the same team with shared goals for well-being and personal growth.

7. Communicate to your teens the expectation that with God's guidance, they should eventually learn to discipline themselves. The teen years are a handing-over period. As teens learn to discipline themselves in different areas, there will be less need for your intervention.

8. Don't feel guilty about disciplining your teens. Teens will often try to make you feel guilty for standing your ground. However, if you've clearly communicated the rules, you're doing teens a favor by disciplining them when they disobey.

9. Use the Bible to teach lifestyle principles and applications to situations and behaviors. It's the best parenting book available.

10. Pray with your teen, with your spouse, and by yourself. Soak your teens' lives in prayer. Pray for discernment and wisdom for yourself, your spouse, and your teenagers.

Parenting isn't an easy task. The times when you must discipline your teenagers make it an even tougher job. Seek God's direction as you live out the wisdom of Proverbs 22:6, "Teach a youth about the way he should go; even when he is old he will not depart from it."

Dr. Tan Flippin is an Associate Professor of Christian Education and Director of Student Services at Mid-America Baptist Theological Seminary in Germantown, TN.

WELCOME NEW MEMBERS



Ken & Donna Brown
1347 Buckingham Place
Cookeville, TN 38501



Brett & Misti Myers
910 N Willow Ave. Apt. S-9E
Cookeville, TN 38501



Mark, Teressa, Katie & Chelsea Smith
19 West Paris
Cookeville, TN 38501